



IN QUIETNESS AND TRUST

ISAIAH 30:15

PARK CITIES PRESBYTERIAN CHURCH
DAILY PRAYER GUIDE

SUMMER 2019



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For thus said the Lord GOD, the Holy One of Israel,
"In returning and rest you shall be saved; in quietness
and in trust shall be your strength."

ISAIAH 30:15

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PCPC PRAYER GUIDE INTRODUCTION

This guide has a simple aim: to help us grow in our love for God through time in His Word and prayer. The Bible teaches that in order to love God we need a relationship with Him. Though we had caused alienation from God by our sin, God Himself has nevertheless provided for that relationship in His overcoming the alienation through the life, death, and resurrection of Jesus Christ, who is God the Son. In union with Christ, we now have intimate access to God as our heavenly Father. Scripture and prayer are the means through which we experience, apply, and enjoy that relationship. As we learn to pray, and as we learn to listen and obey the gracious overtures of God's Word, we learn to live as God's children, loving and trusting Him more fully.

WHY DAILY PRAYER?

Why set aside fixed times every day for prayer? Why not simply pray unprompted, when the stirring comes? Practically speaking, we are creatures attuned to rhythms. We order our lives by sunrises and sunsets, by hours, weeks, seasons, and years. Daily prayer is a way of consecrating our ordinary rhythms to God, ensuring that all of life is offered to Him. C. S. Lewis once wrote, "Relying on God has to begin all over again every day as if nothing had yet been done." And so it must. Our relationship with God should take hold of our schedules as well as our hearts.

Historically speaking, this has been the way of God's people. Consider the testimonies of the psalmists:

"Blessed is the man whose delight is in the law of the LORD, and on His law he meditates *day and night*" (Psalm 1:1-2).

"*Evening and morning and at noon* I cry out to you..." (Psalm 55:17).

"*Seven times a day* do I praise you..." (Psalm 119:64).

By the time of the first century, the ritual of daily prayer was formally embedded in Jewish spirituality. There were several hours in the day that marked regular times for prayer. The first detailed miracle in Acts happened because Peter and John were going to the temple "at the hour of prayer, the ninth hour" (Acts 3:1) for three o'clock prayers. Peter's vision in Acts 10 confirming God's grace for the Gentiles occurred as he was observing sixth-hour prayer, his noon devotions (Acts 10:9). The community that gathered after Pentecost devoted themselves daily to "the apostles' teaching and the fellowship, to the breaking of bread and the prayers" (Acts 2:42).

The practice of daily prayer continued through the early church and expanded consistently throughout time and culture wherever the gospel spread. Along with

Sunday worship and the sacraments, daily prayer remains a central way that Christians all over the world express devotion to Christ.

But we might simply hearken back to Jesus Himself. Even being the eternal Son of God, Jesus set aside times to pray regularly. He celebrated His dependence on the Father (John 5:19, 30) and sought sanctuary in solitude with Him (Luke 5:16). If it was necessary for Jesus who is "very God of very God," how much more for us who are made to bear His image?

WHY A PRAYER GUIDE?

A common objection to using a liturgy for devotions is that it restricts freedom, deteriorating into heartless formality. However, if you have ever found yourself repeating the same words and phrases over and over again in prayer "spontaneously," then you know that our own minds and experiences are just as restrictive. Guided prayer is not meant to curb freedom but to bolster it by introducing into our prayer life the language and imagery of the Scriptures.

Here are a few compelling reasons to use a prayer guide:

1. It helps us to pray regularly.

Sometimes we may not pray regularly because we may not know where to begin. A prayer guide takes the pressure off needing to make that decision anew every day. It repeatedly says, "Start here." You do not need a stirring, a reason, a plan, or consistency. Simply "start here" and let God's Word lead you into prayer.

2. It helps us to pray biblically.

In this prayer guide there is no commentary from gifted Christian authors or pastors. It is uncluttered, so to speak. The elements come either directly from Scripture or from common worship. The majority of time is spent in the Psalms, a book of the Bible meant especially for prayer and worship. One of the encouraging messages reiterated in the Psalms is that you do not have to put on a happy face to live the Christian life. Praying biblically allows us to pray the truth of who we are while growing in the hope of who we might yet become.

3. It helps us to pray communally.

Though we are praying individually, we are doing so together, specifically as a church body. This book is meant for this flock, in this time and place. To know that others with whom God has joined us are reading and praying the same words encourages us in our common journey. Prayer is a communal activity as much as an individual one.

HOW TO USE THIS GUIDE

Use this guide however may be helpful to you. For many, that means using it just as it is. For others who are already committed to daily reading plans or Bible studies, that may mean skipping the Scripture readings and only using some of the other portions. For those who are in the habit of family worship, you can adapt the guide to read and pray together as a family.

Here are suggestions for each of the elements:

The Call to Worship

The Call to Worship is God's initiating with you through His Word. Read the call, perhaps out loud. Receive God's invitation to worship Him as spoken to you in that moment.

The Prayers of Praise and Thanksgiving

Praise God for who He is as He has shown in His Word and in your life. Thank Him for His presence and gifts in your life.

The Readings

The Psalms follow the readings from *The Book of Common Prayer*, which covers all the Psalms every thirty days. Get to know the words here and you will better know Jesus Himself. There is no book of the Bible Jesus quoted more often than the Psalms.

The other daily readings for this season are from Genesis. The name of the book means, "beginnings," and true to its name, Genesis tells the story of the beginning of the world, our place in the world, the dysfunction and brokenness caused by sin, and God's gracious election of a family through which the world will be redeemed. Genesis 1-11 form a prologue to the rest of the book, while Genesis 12-50 focus on God's promises to Abraham and His faithfulness to fulfill those promises through Abraham's seed. God's power and grace take center stage as He works out His covenant through ordinary, wayward individuals. Genesis should encourage us to rest in God's Word after the pattern of its lead human character, Abraham, who, "believed the LORD, and [the LORD] counted it to him as righteousness" (Genesis 15:6).

The Prayers for the Day and for the Night

In the morning, begin by saying The Lord's Prayer, the model for prayer that Jesus taught His disciples. (You can find the words in the Appendix of this guide.) Each phrase of The Lord's Prayer is filled with grace and challenge. Say the prayer expectantly for the day ahead.

Prayers of Supplication and Intercession are opportunities for you to lay out before God whatever burdens you carry as well as those others carry. Ask Him for things. Ask Him for mercy. Ask Him to help you become more like Christ.

The Closing Prayer is a way to conclude. All of the closing prayers draw from

The Book of Common Prayer and are unique to either morning or evening. They are called "collects" because they gather our prayers together and present them before God collectively as we go about our scattered lives. Pray this prayer as your own in the confidence that others are praying with you.

The Confession of Sin

The Confession of Sin occurs at night as we review our days. It is an opportunity to repent for the ways we have missed the mark and to receive the grace we need for renewal and change. In the Appendix you will find a longer explanation for the process of self-examination that fits here.

The Words of Assurance

The Words of Assurance are God's promise to forgive, cleanse, accept, and renew you in Christ. Hold onto these as you would anything of great value. Return to them when doubts or disillusionment grow.

The Grace

The Grace is God's blessing on you as you go out into your day or lay your head down to sleep. Receive it as a final word until you return to pray again.

Sundays

Sundays are unique as our time to gather and worship as a church family, to celebrate once again the victory of Christ over sin and death. There are only Psalm readings on Sunday because the liturgy of corporate worship is our primary focus. Consider using the Sunday morning liturgy again at night for personal prayer.

A Note for Families

This prayer guide can be a great tool for times of family worship. We suggest letting any of those who are able take turns reading each portion: one person reads the Call to Worship, another the Confession of Sin, another the Words of Assurance, and so on. This ensures that everyone is involved in both hearing and speaking the Word of God with one another. During the Prayers of Praise and Thanksgiving and the Prayers of Supplication and Intercession, you may each say something aloud, no matter how short or clumsy (we are all learners!). During the Personal Examination and Confession, take a minute to pray to God personally in the quiet of your own thoughts. This is just one way to use the guide as a family. We encourage you to explore how it might best help your own worship and devotion in your life together.

As a final word, there are many great reading plans, devotionals, and exercises to encourage in us a life of prayer. This is a way to pray, only one among many that has grown up in the history of God's people. Most important is not the method, but the reality of loving and trusting God. May your relationship with Him grow.

SUNDAY, JUNE 9

Morning Psalm: 118

Evening Psalm: 145

MONDAY, JUNE 10

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 56, 57

Reading the Bible Together: Genesis 1:1-25

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You opened the way of eternal life to every race and nation by the promised gift of Your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalms: 64, 65

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, You taught the hearts of Your faithful people by sending to them the light of Your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in His holy comfort; through Jesus Christ Your Son our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, JUNE 11

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 61, 62

Reading the Bible Together: Genesis 1:26-2:3

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You opened the way of eternal life to every race and nation by the promised gift of Your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalm: 68

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, You taught the hearts of Your faithful people by sending to them the light of Your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in His holy comfort; through Jesus Christ Your Son our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, JUNE 12

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 72

Reading the Bible Together: Genesis 2:4-25

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You opened the way of eternal life to every race and nation by the promised gift of Your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalm: 119:73-96

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, You taught the hearts of Your faithful people by sending to them the light of Your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in His holy comfort; through Jesus Christ Your Son our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, JUNE 13

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 71

Reading the Bible Together: Genesis 3

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You opened the way of eternal life to every race and nation by the promised gift of Your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalm: 74

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, You taught the hearts of Your faithful people by sending to them the light of Your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in His holy comfort; through Jesus Christ Your Son our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, JUNE 14

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 69

Reading the Bible Together: Genesis 4

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You opened the way of eternal life to every race and nation by the promised gift of Your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalm: 73

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, You taught the hearts of Your faithful people by sending to them the light of Your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in His holy comfort; through Jesus Christ Your Son our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, JUNE 15

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 75, 76

Reading the Bible Together: Genesis 5

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You opened the way of eternal life to every race and nation by the promised gift of Your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalms: 23, 27

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, You taught the hearts of Your faithful people by sending to them the light of Your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in His holy comfort; through Jesus Christ Your Son our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, JUNE 16

Morning Psalms: 146, 147

Evening Psalms: 111, 112, 113

MONDAY, JUNE 17

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 80

Reading the Bible Together: Genesis 6:1-8

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, You have given to us Your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of Your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see You in Your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalm: 77

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Remember, O Lord, what You have wrought in us and not what we deserve; and, as You have called us to Your service, make us worthy of our calling; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, JUNE 18

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 78:1-39

Reading the Bible Together: Genesis 6:9-22

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, You have given to us Your servants grace,
by the confession of a true faith, to acknowledge the glory of the eternal
Trinity, and in the power of Your divine Majesty to worship the Unity: Keep
us steadfast in this faith and worship, and bring us at last to see You in
Your one and eternal glory, O Father; who with the Son and the Holy Spirit
live and reign, one God, for ever and ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted
and built up in him and established in the faith, just as you were taught,
abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalm: 78:40-72

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Remember, O Lord, what You have wrought in us and not what we deserve; and, as You have called us to Your service, make us worthy of our calling; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, JUNE 19

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 119:97-120

Reading the Bible Together: Genesis 7

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, You have given to us Your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of Your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see You in Your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalms: 81, 82

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Remember, O Lord, what You have wrought in us and not what we deserve; and, as You have called us to Your service, make us worthy of our calling; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, JUNE 20

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 34

Reading the Bible Together: Genesis 8:1-19

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, You have given to us Your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of Your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see You in Your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalms: 85, 86

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Remember, O Lord, what You have wrought in us and not what we deserve; and, as You have called us to Your service, make us worthy of our calling; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, JUNE 21

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 88

Reading the Bible Together: Genesis 8:20-9:17

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, You have given to us Your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of Your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see You in Your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalms: 91, 92

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Remember, O Lord, what You have wrought in us and not what we deserve; and, as You have called us to Your service, make us worthy of our calling; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, JUNE 22

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 87, 90

Reading the Bible Together: Genesis 9:18-28

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, You have given to us Your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of Your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see You in Your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1)

Evening Psalm: 136

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Remember, O Lord, what You have wrought in us and not what we deserve; and, as You have called us to Your service, make us worthy of our calling; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, JUNE 23

Morning Psalms: 66, 67

Evening Psalms: 19, 46

MONDAY, JUNE 24

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 89:1-18

Reading the Bible Together: Genesis 10

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and merciful God, in Your goodness keep us, we pray, from all things that may hurt us, that we, being ready both in mind and body, may accomplish with free hearts those things which belong to Your purpose; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalm: 89:19-52

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, O Lord, that the course of this world may be peaceably governed by Your providence; and that Your Church may joyfully serve You in confidence and serenity; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, JUNE 25

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine; rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 97, 99

Reading the Bible Together: Genesis 11

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and merciful God, in Your goodness keep us, we pray, from all things that may hurt us, that we, being ready both in mind and body, may accomplish with free hearts those things which belong to Your purpose; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalm: 94

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, O Lord, that the course of this world may be peaceably governed by Your providence; and that Your Church may joyfully serve You in confidence and serenity; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, JUNE 26

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 101, 109

Reading the Bible Together: Genesis 12:1-9

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and merciful God, in Your goodness keep us, we pray, from all things that may hurt us, that we, being ready both in mind and body, may accomplish with free hearts those things which belong to Your purpose; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalm: 119:121-144

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, O Lord, that the course of this world may be peaceably governed by Your providence; and that Your Church may joyfully serve You in confidence and serenity; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, JUNE 27

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 105:1-22

Reading the Bible Together: Genesis 12:10-20

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and merciful God, in Your goodness keep us, we pray, from all things that may hurt us, that we, being ready both in mind and body, may accomplish with free hearts those things which belong to Your purpose; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalm: 105:23-45

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, O Lord, that the course of this world may be peaceably governed by Your providence; and that Your Church may joyfully serve You in confidence and serenity; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, JUNE 28

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 102

Reading the Bible Together: Genesis 13

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and merciful God, in Your goodness keep us, we pray, from all things that may hurt us, that we, being ready both in mind and body, may accomplish with free hearts those things which belong to Your purpose; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalm: 107:1-32

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, O Lord, that the course of this world may be peaceably governed by Your providence; and that Your Church may joyfully serve You in confidence and serenity; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, JUNE 29

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 107:33-43, 108

Reading the Bible Together: Genesis 14:1-16

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty and merciful God, in Your goodness keep us, we pray, from all things that may hurt us, that we, being ready both in mind and body, may accomplish with free hearts those things which belong to Your purpose; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1)

Evening Psalm: 33

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, O Lord, that the course of this world may be peaceably governed by Your providence; and that Your Church may joyfully serve You in confidence and serenity; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, JUNE 30

Morning Psalm: 118

Evening Psalm: 145

MONDAY, JULY 1

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 106:1-18

Reading the Bible Together: Genesis 14:17-24

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, Your never-failing providence sets in order all things both in heaven and earth: Put away from us, we entreat You, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light. (Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalm: 106:19-48

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, from whom all good proceeds: Grant that by Your inspiration we may think those things that are right, and by Your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, JULY 2

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 121, 122, 123

Reading the Bible Together: Genesis 15:1-6

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, Your never-failing providence sets in order all things both in heaven and earth: Put away from us, we entreat You, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalms: 124, 125, 126

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, from whom all good proceeds: Grant that by Your inspiration we may think those things that are right, and by Your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, JULY 3

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 119:145-176

Reading the Bible Together: Genesis 15:7-21

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, Your never-failing providence sets in order all things both in heaven and earth: Put away from us, we entreat You, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalms: 128, 129, 130

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, from whom all good proceeds: Grant that by Your inspiration we may think those things that are right, and by Your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, JULY 4

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 131, 132

Reading the Bible Together: Genesis 16

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, Your never-failing providence sets in order all things both in heaven and earth: Put away from us, we entreat You, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalms: 134, 135

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, from whom all good proceeds: Grant that by Your inspiration we may think those things that are right, and by Your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, JULY 5

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 140, 142

Reading the Bible Together: Genesis 17:1-14

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, Your never-failing providence sets in order all things both in heaven and earth: Put away from us, we entreat You, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalms: 141, 143

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, from whom all good proceeds: Grant that by Your inspiration we may think those things that are right, and by Your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, JULY 6

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 137, 144

Reading the Bible Together: Genesis 7:15-27

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, Your never-failing providence sets in order all things both in heaven and earth: Put away from us, we entreat You, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalm: 104

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, from whom all good proceeds: Grant that by Your inspiration we may think those things that are right, and by Your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, JULY 7

Morning Psalms: 146, 147



Evening Psalms: 111, 112, 113

MONDAY, JULY 8

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 1, 2, 3

Reading the Bible Together: Genesis 18:1-15

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Keep, O Lord, Your household the Church in Your steadfast faith and love, that through Your grace we may proclaim Your truth with boldness, and minister Your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light. (Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalms: 4, 7

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O Lord, make us have perpetual love and reverence for Your holy Name, for You never fail to help and govern those whom You have set upon the sure foundation of Your loving-kindness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.
Amen.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, JULY 9

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine; rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 5, 6

Reading the Bible Together: Genesis 18:16-33

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Keep, O Lord, Your household the Church in Your steadfast faith and love, that through Your grace we may proclaim Your truth with boldness, and minister Your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalms: 10, 11

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O Lord, make us have perpetual love and reverence for Your holy Name, for You never fail to help and govern those whom You have set upon the sure foundation of Your loving-kindness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.
Amen.

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, JULY 10

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 119:1-24

Reading the Bible Together: Genesis 19:1-22

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Keep, O Lord, Your household the Church in Your steadfast faith and love, that through Your grace we may proclaim Your truth with boldness, and minister Your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalms: 12, 13, 14

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O Lord, make us have perpetual love and reverence for Your holy Name, for You never fail to help and govern those whom You have set upon the sure foundation of Your loving-kindness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, JULY 11

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 18:1-20

Reading the Bible Together: Genesis 19:23-38

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Keep, O Lord, Your household the Church in Your steadfast faith and love, that through Your grace we may proclaim Your truth with boldness, and minister Your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalm: 18:21-50

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O Lord, make us have perpetual love and reverence for Your holy Name, for You never fail to help and govern those whom You have set upon the sure foundation of Your loving-kindness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, JULY 12

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 16, 17

Reading the Bible Together: Genesis 20

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Keep, O Lord, Your household the Church in Your steadfast faith and love, that through Your grace we may proclaim Your truth with boldness, and minister Your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalm: 22

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O Lord, make us have perpetual love and reverence for Your holy Name, for You never fail to help and govern those whom You have set upon the sure foundation of Your loving-kindness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, JULY 13

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 20, 21

Reading the Bible Together: Genesis 21:1-7

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Keep, O Lord, Your household the Church in Your steadfast faith and love, that through Your grace we may proclaim Your truth with boldness, and minister Your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalms: 110, 116, 117

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O Lord, make us have perpetual love and reverence for Your holy Name, for You never fail to help and govern those whom You have set upon the sure foundation of Your loving-kindness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, JULY 14

Morning Psalms: 148, 149, 150

Evening Psalms: 114, 115

MONDAY, JULY 15

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 25

Reading the Bible Together: Genesis 21:8-21

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have built Your Church upon the foundation of the apostles and prophets, Jesus Christ Himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to You; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalms: 9, 15

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: Grant that we may share the divine life of Him who humbled Himself to share our humanity, Your Son Jesus Christ; who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, JULY 16

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 26, 28

Reading the Bible Together: Genesis 21:22-34

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have built Your Church upon the foundation of the apostles and prophets, Jesus Christ Himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to You; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalms: 36, 39

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: Grant that we may share the divine life of Him who humbled Himself to share our humanity, Your Son Jesus Christ; who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, JULY 17

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 38

Reading the Bible Together: Genesis 22

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have built Your Church upon the foundation of the apostles and prophets, Jesus Christ Himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to You; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalm: 119:25-48

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: Grant that we may share the divine life of Him who humbled Himself to share our humanity, Your Son Jesus Christ; who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, JULY 18

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 37:1-18

Reading the Bible Together: Genesis 23

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have built Your Church upon the foundation of the apostles and prophets, Jesus Christ Himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to You; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalm: 37:19-42

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: Grant that we may share the divine life of Him who humbled Himself to share our humanity, Your Son Jesus Christ; who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, JULY 19

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 31

Reading the Bible Together: Genesis 24

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have built Your Church upon the foundation of the apostles and prophets, Jesus Christ Himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to You; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalm: 35

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: Grant that we may share the divine life of Him who humbled Himself to share our humanity, Your Son Jesus Christ; who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, JULY 20

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 30, 32

Reading the Bible Together: Genesis 25:1-18

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have built Your Church upon the foundation of the apostles and prophets, Jesus Christ Himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to You; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalms: 42, 43

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: Grant that we may share the divine life of Him who humbled Himself to share our humanity, Your Son Jesus Christ; who lives and reigns with You, in the unity of the Holy Spirit, one God, for ever and ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, JULY 21

Morning Psalms: 63, 98



Evening Psalm: 103

MONDAY, JULY 22

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 41, 52

Reading the Bible Together: Genesis 25:19-34

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, You have taught us to keep all Your commandments by loving You and our neighbor: Grant us the grace of Your Holy Spirit, that we may be devoted to You with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalm: 44

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow Him; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, JULY 23

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 45

Reading the Bible Together: Genesis 26:1-5

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, You have taught us to keep all Your commandments by loving You and our neighbor: Grant us the grace of Your Holy Spirit, that we may be devoted to You with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalms: 47, 48

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow Him; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, JULY 24

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 119:49-72

Reading the Bible Together: Genesis 26:6-35

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, You have taught us to keep all Your commandments by loving You and our neighbor: Grant us the grace of Your Holy Spirit, that we may be devoted to You with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalm: 49

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow Him; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, JULY 25

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 50

Reading the Bible Together: Genesis 27

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, You have taught us to keep all Your commandments by loving You and our neighbor: Grant us the grace of Your Holy Spirit, that we may be devoted to You with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalms: 66, 67

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow Him; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, JULY 26

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 40, 54

Reading the Bible Together: Genesis 28:1-9

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, You have taught us to keep all Your commandments by loving You and our neighbor: Grant us the grace of Your Holy Spirit, that we may be devoted to You with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalm: 51

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow Him; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, JULY 27

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 55

Reading the Bible Together: Genesis 28:10-22

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, You have taught us to keep all Your commandments by loving You and our neighbor: Grant us the grace of Your Holy Spirit, that we may be devoted to You with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalms: 138, 139

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow Him; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, JULY 28

Morning Psalms: 24, 29

Evening Psalms: 8, 84

MONDAY, JULY 29

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 56, 57

Reading the Bible Together: Genesis 29:1-30

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O Lord, mercifully receive the prayers of Your people who call upon You, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalms: 64, 65

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, Lord God, to all who have been baptized into the death and resurrection of Your Son Jesus Christ, that, as we have put away the old life of sin, so we may be renewed in the spirit of our minds, and live in righteousness and true holiness; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, JULY 30

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 61, 62

Reading the Bible Together: Genesis 29:31-35

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O Lord, mercifully receive the prayers of Your people who call upon You,
and grant that they may know and understand what things they ought
to do, and also may have grace and power faithfully to accomplish them;
through Jesus Christ our Lord, who lives and reigns with You and the Holy
Spirit, one God, now and for ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted
and built up in him and established in the faith, just as you were taught,
abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalm: 68

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, Lord God, to all who have been baptized into the death and resurrection of Your Son Jesus Christ, that, as we have put away the old life of sin, so we may be renewed in the spirit of our minds, and live in righteousness and true holiness; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, JULY 31

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 72

Reading the Bible Together: Genesis 30:1-24

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O Lord, mercifully receive the prayers of Your people who call upon You, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalm: 119:73-96

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, Lord God, to all who have been baptized into the death and resurrection of Your Son Jesus Christ, that, as we have put away the old life of sin, so we may be renewed in the spirit of our minds, and live in righteousness and true holiness; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, AUGUST 1

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 71

Reading the Bible Together: Genesis 30:25-43

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O Lord, mercifully receive the prayers of Your people who call upon You, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalm: 74

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, Lord God, to all who have been baptized into the death and resurrection of Your Son Jesus Christ, that, as we have put away the old life of sin, so we may be renewed in the spirit of our minds, and live in righteousness and true holiness; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, AUGUST 2

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 69

Reading the Bible Together: Genesis 31

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O Lord, mercifully receive the prayers of Your people who call upon You, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalm: 73

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, Lord God, to all who have been baptized into the death and resurrection of Your Son Jesus Christ, that, as we have put away the old life of sin, so we may be renewed in the spirit of our minds, and live in righteousness and true holiness; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, AUGUST 3

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 75, 76

Reading the Bible Together: Genesis 32:1-21

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O Lord, mercifully receive the prayers of Your people who call upon You, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalms: 23, 27

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Grant, Lord God, to all who have been baptized into the death and resurrection of Your Son Jesus Christ, that, as we have put away the old life of sin, so we may be renewed in the spirit of our minds, and live in righteousness and true holiness; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, AUGUST 4

Morning Psalms: 93, 96

Evening Psalm: 34

MONDAY, AUGUST 5

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 80

Reading the Bible Together: Genesis 32:22-32

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, the fountain of all wisdom, You know our necessities before we ask and our ignorance in asking; Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness, we cannot ask; through the worthiness of Your Son Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalm: 77

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Eternal Lord God, You hold all souls in life: Give to Your whole Church in paradise and on earth Your light and Your peace; and grant that we, following the good examples of those who have served You here and are now at rest, may at the last enter with them into Your unending joy; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, AUGUST 6

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 78:1-39

Reading the Bible Together: Genesis 33

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, the fountain of all wisdom, You know our necessities before we ask and our ignorance in asking; Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness, we cannot ask; through the worthiness of Your Son Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalm: 78:40-72

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Eternal Lord God, You hold all souls in life: Give to Your whole Church in paradise and on earth Your light and Your peace; and grant that we, following the good examples of those who have served You here and are now at rest, may at the last enter with them into Your unending joy; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, AUGUST 7

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 119:97-120

Reading the Bible Together: Genesis 34

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, the fountain of all wisdom, You know our necessities before we ask and our ignorance in asking; Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness, we cannot ask; through the worthiness of Your Son Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalms: 81, 82

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Eternal Lord God, You hold all souls in life: Give to Your whole Church in paradise and on earth Your light and Your peace; and grant that we, following the good examples of those who have served You here and are now at rest, may at the last enter with them into Your unending joy; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, AUGUST 8

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 145

Reading the Bible Together: Genesis 35:1-15

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, the fountain of all wisdom, You know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness, we cannot ask; through the worthiness of Your Son Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalms: 85, 86

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Eternal Lord God, You hold all souls in life: Give to Your whole Church in paradise and on earth Your light and Your peace; and grant that we, following the good examples of those who have served You here and are now at rest, may at the last enter with them into Your unending joy; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, AUGUST 9

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 88

Reading the Bible Together: Genesis 35:16-29

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, the fountain of all wisdom, You know our necessities before we ask and our ignorance in asking; Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness, we cannot ask; through the worthiness of Your Son Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalms: 91, 92

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Eternal Lord God, You hold all souls in life: Give to Your whole Church in paradise and on earth Your light and Your peace; and grant that we, following the good examples of those who have served You here and are now at rest, may at the last enter with them into Your unending joy; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, AUGUST 10

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 87, 90

Reading the Bible Together: Genesis 36

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, the fountain of all wisdom, You know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness, we cannot ask; through the worthiness of Your Son Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalm: 136

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Eternal Lord God, You hold all souls in life: Give to Your whole Church in paradise and on earth Your light and Your peace; and grant that we, following the good examples of those who have served You here and are now at rest, may at the last enter with them into Your unending joy; through Jesus Christ our Lord, who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, AUGUST 11

Morning Psalms: 66, 67

Evening Psalms: 19, 46

MONDAY, AUGUST 12

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 89:1-18

Reading the Bible Together: Genesis 37:1-11

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, the protector of all who trust in You, without whom nothing is strong, nothing is holy: Increase and multiply upon us Your mercy; that, with You as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.
Amen.

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalm: 89:19-52

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, whose will it is to restore all things in Your well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under His most gracious rule; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, AUGUST 13

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 97, 99

Reading the Bible Together: Genesis 37:12-36

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, the protector of all who trust in You, without whom nothing is strong, nothing is holy: Increase and multiply upon us Your mercy; that, with You as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.
Amen.

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalm: 94

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, whose will it is to restore all things in Your well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under His most gracious rule; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, AUGUST 14

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 101, 109

Reading the Bible Together: Genesis 38

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, the protector of all who trust in You, without whom nothing is strong, nothing is holy: Increase and multiply upon us Your mercy; that, with You as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.
Amen.

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalm: 119:121-144

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, whose will it is to restore all things in Your well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under His most gracious rule; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, AUGUST 15

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 105:1-22

Reading the Bible Together: Genesis 39

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, the protector of all who trust in You, without whom nothing is strong, nothing is holy: Increase and multiply upon us Your mercy; that, with You as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.
Amen.

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalm: 105:23-45

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, whose will it is to restore all things in Your well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under His most gracious rule; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, AUGUST 16

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 102

Reading the Bible Together: Genesis 40

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, the protector of all who trust in You, without whom nothing is strong, nothing is holy: Increase and multiply upon us Your mercy; that, with You as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.
Amen.

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalm: 107:1-32

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, whose will it is to restore all things in Your well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under His most gracious rule; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, AUGUST 17

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 107:33-43, 108

Reading the Bible Together: Genesis 41:1-36

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

O God, the protector of all who trust in You, without whom nothing is strong, nothing is holy: Increase and multiply upon us Your mercy; that, with You as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.
Amen.

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalm: 33

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty and everlasting God, whose will it is to restore all things in Your well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under His most gracious rule; who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, AUGUST 18

Morning Psalm: 118

Evening Psalm: 145

MONDAY, AUGUST 19

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 106:1-18

Reading the Bible Together: Genesis 41:37-57

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Let Your continual mercy, O Lord, cleanse and defend Your Church; and, because it cannot continue in safety without Your help, protect and govern it always by Your goodness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalm: 106:19-48

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, by our baptism into the death and resurrection of Your Son Jesus Christ, You turn us from the old life of sin: Grant that we, being reborn to new life in Him, may live in righteousness and holiness all our days; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, AUGUST 20

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 121, 122, 123

Reading the Bible Together: Genesis 42

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Let Your continual mercy, O Lord, cleanse and defend Your Church; and,
because it cannot continue in safety without Your help, protect and govern
it always by Your goodness; through Jesus Christ our Lord, who lives and
reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted
and built up in him and established in the faith, just as you were taught,
abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalms: 124, 125, 126

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, by our baptism into the death and resurrection of Your Son Jesus Christ, You turn us from the old life of sin: Grant that we, being reborn to new life in Him, may live in righteousness and holiness all our days; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, AUGUST 21

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 119:145-176

Reading the Bible Together: Genesis 43

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Let Your continual mercy, O Lord, cleanse and defend Your Church; and, because it cannot continue in safety without Your help, protect and govern it always by Your goodness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalms: 128, 129, 130

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, by our baptism into the death and resurrection of Your Son Jesus Christ, You turn us from the old life of sin: Grant that we, being reborn to new life in Him, may live in righteousness and holiness all our days; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, AUGUST 22

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 131, 132

Reading the Bible Together: Genesis 44

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Let Your continual mercy, O Lord, cleanse and defend Your Church; and, because it cannot continue in safety without Your help, protect and govern it always by Your goodness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalms: 134, 135

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, by our baptism into the death and resurrection of Your Son Jesus Christ, You turn us from the old life of sin: Grant that we, being reborn to new life in Him, may live in righteousness and holiness all our days; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, AUGUST 23

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 140, 142

Reading the Bible Together: Genesis 45

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Let Your continual mercy, O Lord, cleanse and defend Your Church; and, because it cannot continue in safety without Your help, protect and govern it always by Your goodness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalms: 141, 143

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, by our baptism into the death and resurrection of Your Son Jesus Christ, You turn us from the old life of sin: Grant that we, being reborn to new life in Him, may live in righteousness and holiness all our days; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, AUGUST 24

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 137, 144

Reading the Bible Together: Genesis 46:1-27

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Let Your continual mercy, O Lord, cleanse and defend Your Church; and, because it cannot continue in safety without Your help, protect and govern it always by Your goodness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalm: 104

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, by our baptism into the death and resurrection of Your Son Jesus Christ, You turn us from the old life of sin: Grant that we, being reborn to new life in Him, may live in righteousness and holiness all our days; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

SUNDAY, AUGUST 25

Morning Psalms: 146, 147

Evening Psalms: 111, 112, 113

MONDAY, AUGUST 26

MORNING PRAYER

Call to Worship

Draw me after you; let us run. The king has brought me into his chambers.
(Song of Solomon 1:4a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 1, 2, 3

Reading the Bible Together: Genesis 46:28-47:12

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have given Your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of this redeeming work, and to follow daily in the blessed steps of His most holy life; through Jesus Christ Your Son our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.
(Colossians 1:11-12)

EVENING PRAYER

Call to Worship

Come to me, all who labor and are heavy laden, and I will give you rest.
(Matthew 11:28)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I am sorry for my sin. I have not put my hope in You, nor have I waited patiently for You to act on my behalf. I have pressured people with the heavy weight of my own needs and expectations, and sinned against them when they disappointed me. Forgive me. In the name of Jesus I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Blessed is the one whose transgression is forgiven, whose sin is covered. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgression to the LORD," and you forgave the iniquity of my sin.
(Psalm 32:1, 5)

Evening Psalms: 4, 7

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty Father, whose blessed Son before His passion prayed for His disciples that they might be one, as You and He are one: Grant that Your Church, being bound together in love and obedience to You, may be united in one body by the one Spirit, that the world may believe in Him whom You have sent, Your Son Jesus Christ our Lord; who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD. (Lamentations 3:24-26)

TUESDAY, AUGUST 27

MORNING PRAYER

Call to Worship

We will exult and rejoice in you; we will extol your love more than wine;
rightly do they love you. (Song of Solomon 1:4b)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 5, 6

Reading the Bible Together: Genesis 47:13-31

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have given Your only Son to be for us a sacrifice for sin,
and also an example of godly life: Give us grace to receive thankfully the
fruits of this redeeming work, and to follow daily in the blessed steps of
His most holy life; through Jesus Christ Your Son our Lord, who lives and
reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted
and built up in him and established in the faith, just as you were taught,
abounding in thanksgiving. (Colossians 2:6-7)

EVENING PRAYER

Call to Worship

But you, O LORD, are a shield about me, my glory, and the lifter of my head.
(Psalm 3:3)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, though You have called me to find rest in You, I still search for it in so many other things: wealth, achievement, perfectionism, pleasure, and the wellbeing of those I love. I confess these false harbors to You, and pray for Your mercy as I seek to dwell in Your love and depend on Your care. *Amen.*

Personal Examination and Confession

Words of Assurance

If you, O LORD, should mark iniquities, O Lord who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

Evening Psalms: 10, 11

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty Father, whose blessed Son before His passion prayed for His disciples that they might be one, as You and He are one: Grant that Your Church, being bound together in love and obedience to You, may be united in one body by the one Spirit, that the world may believe in Him whom You have sent, Your Son Jesus Christ our Lord; who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in quiet resting places. (Isaiah 32:17-18)

WEDNESDAY, AUGUST 28

MORNING PRAYER

Call to Worship

He brought me to the banqueting house, and his banner over me was love.
(Song of Solomon 2:4)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 119:1-24

Reading the Bible Together: Genesis 48

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have given Your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of this redeeming work, and to follow daily in the blessed steps of His most holy life; through Jesus Christ Your Son our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. (Colossians 3:1)

EVENING PRAYER

Call to Worship

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety. (Psalm 4:8)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess how difficult it is for me to trust You with my life. I want heaven now, and struggle with anger and bitterness when You keep Your promise that my life here on earth will be marked by suffering and trials. Forgive me for my pride and fear. Help me to wait patiently for the fullness of Your grace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. (Psalm 103:2-4)

Evening Psalms: 12, 13, 14

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty Father, whose blessed Son before His passion prayed for His disciples that they might be one, as You and He are one: Grant that Your Church, being bound together in love and obedience to You, may be united in one body by the one Spirit, that the world may believe in Him whom You have sent, Your Son Jesus Christ our Lord; who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Grace

"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit." (Jeremiah 17:7-8)

THURSDAY, AUGUST 29

MORNING PRAYER

Call to Worship

My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away, for behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come."
(Song of Solomon 2:10-12a)

Prayers of Praise and Thanksgiving

Readings

Morning Psalm: 18:1-20

Reading the Bible Together: Genesis 49

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have given Your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of this redeeming work, and to follow daily in the blessed steps of His most holy life; through Jesus Christ Your Son our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3:17)

EVENING PRAYER

Call to Worship

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD! (Psalm 27:14)

Prayers of Praise and Thanksgiving

Confession of Sin

Jesus, My heart is full of sinful thoughts, worries, and shame that I would prefer to conceal rather than bring honestly before You. Forgive me for the ways I have chosen dishonesty over truth, in order to protect myself, impress others, and escape the pain of change. Help me to live in the light of Your cleansing grace. *Amen.*

Personal Examination and Confession

Words of Assurance

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:8-9)

Evening Psalm: 18:21-50

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty Father, whose blessed Son before His passion prayed for His disciples that they might be one, as You and He are one: Grant that Your Church, being bound together in love and obedience to You, may be united in one body by the one Spirit, that the world may believe in Him whom You have sent, Your Son Jesus Christ our Lord; who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Grace

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7)

FRIDAY, AUGUST 30

MORNING PRAYER

Call to Worship

My beloved is radiant and ruddy, distinguished among ten thousand.
(Song of Solomon 5:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 16, 17

Reading the Bible Together: Genesis 50:1-14

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have given Your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of this redeeming work, and to follow daily in the blessed steps of His most holy life; through Jesus Christ Your Son our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Continue steadfastly in prayer, being watchful in it with thanksgiving.
(Colossians 4:2)

EVENING PRAYER

Call to Worship

To you, O LORD, I lift up my soul. O my God, in you I trust. (Psalm 25:1-2a)

Prayers of Praise and Thanksgiving

Confession of Sin

Father in heaven, I confess that when things do not go my way, I am prone to fear You, accuse You, doubt You, and resent You. I praise You that Your promises are not as fickle as my own heart, and that in Christ, I stand firmly as Your beloved child in spite of my sin. Give me grace upon grace, I pray. *Amen.*

Personal Examination and Confession

Words of Assurance

In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. (1 John 4:10-11)

Evening Psalm: 22

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty Father, whose blessed Son before His passion prayed for His disciples that they might be one, as You and He are one: Grant that Your Church, being bound together in love and obedience to You, may be united in one body by the one Spirit, that the world may believe in Him whom You have sent, Your Son Jesus Christ our Lord; who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Grace

But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. (Psalm 52:8)

SATURDAY, AUGUST 31

MORNING PRAYER

Call to Worship

I am my beloved's, and his desire is for me. (Song of Solomon 7:10)

Prayers of Praise and Thanksgiving

Readings

Morning Psalms: 20, 21

Reading the Bible Together: Genesis 50:15-26

Prayers for the Day

The Lord's Prayer

Prayers of Supplication and Intercession

Closing Prayer

Almighty God, You have given Your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of this redeeming work, and to follow daily in the blessed steps of His most holy life; through Jesus Christ Your Son our Lord, who lives and reigns with You and the Holy Spirit, one God, now and for ever. *Amen.*

Grace

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. (Colossians 4:5-6)

EVENING PRAYER

Call to Worship

The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. (Zephaniah 3:17)

Prayers of Praise and Thanksgiving

Confession of Sin

O Lord, I am restless from all that feeds my busy pride, from trying to live in my own strength and wisdom. Forgive my arrogance. Make me like a little child, who follows humbly in Your ways, walks firmly in Your strength, and rests confidently in Your embrace. In Jesus name I pray, *Amen*.

Personal Examination and Confession

Words of Assurance

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1a)

Evening Psalms: 110, 116, 117

Prayers for the Night

Prayers of Supplication and Intercession

Closing Prayer

Almighty Father, whose blessed Son before His passion prayed for His disciples that they might be one, as You and He are one: Grant that Your Church, being bound together in love and obedience to You, may be united in one body by the one Spirit, that the world may believe in Him whom You have sent, Your Son Jesus Christ our Lord; who lives and reigns with You, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Grace

When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

APPENDIX

THE APOSTLES' CREED

I believe in God the Father Almighty,
Maker of heaven and earth:

And in Jesus Christ His only Son, our Lord,
Who was conceived by the Holy Ghost,
Born of the Virgin Mary,
Suffered under Pontius Pilate,
Was crucified, dead, and buried:
He descended into hell;
The third day He rose again from the dead;
He ascended into heaven,
And sitteth at the right hand of God the Father Almighty;
From thence He shall come to judge the quick and the dead.

I believe in the Holy Ghost;
The holy catholic church;
The communion of saints;
The forgiveness of sins;
The resurrection of the body;
And the life everlasting.
Amen.

THE LORD'S PRAYER

Our Father, who art in heaven,
Hallowed be Thy name.
Thy Kingdom come,
Thy will be done on earth as it is in heaven.
Give us this day our daily bread
And forgive us our debts, as we forgive our debtors.
And lead us not into temptation,
But deliver us from evil,
For Thine is the Kingdom, and the power, and the glory, forever. *Amen.*

A WAY OF PERSONAL EXAMINATION

Consider God's holiness and grace, manifest in the life of the Son, Jesus Christ.

Pray for God's presence and illumination. Ask God's Spirit to be with you and for your eyes to be open as you consider your day.

Examine yourself prayerfully:

Search me, O God, and know my heart!

Try me and know my thoughts!

And see if there be any grievous way in me,

and lead me in the way everlasting! (Psalm 139:23-24)

Note the times throughout the day you have seen God at work in your circumstances and in your heart. Name those ways in which you have resisted God and His will.

Pray in deep gratitude for every sign of God's loving presence, and pray in sorrow, repenting of any place you have resisted His loving will.

Receive the Words of Assurance for the day, leaning on the promises and mercy of God.

Conclude in prayer, offering yourself body and soul, in your thoughts, words, and actions, as a living sacrifice to God, which is your spiritual worship.

NOTES



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For thus said the Lord GOD, the Holy One of Israel, "In returning and rest you shall be saved; in quietness and in trust shall be your strength."

ISAIAH 30:15

